Pine Rivers cycling & walking guide
‘Just Walk it’ Program

Just Walk It is another great way to keep fit while meeting new people in your local area at the same time. It is a program sponsored by the Heart Foundation that provides an enjoyable social environment for people to participate in regular physical activity, and best of all it’s free! There are a number of walking groups who meet regularly in Pine Rivers. For further information call (07) 3480 6666.

Cycling and Pedestrian Tips for Path Users

- Keep as far left as possible and don’t block the path
- Acknowledge others – use eye contact and other body language to acknowledge the signals and presence of other path users
- Be predictable – don’t suddenly change direction or stop without warning, this may cause accidents
- Teach children to check for others when using or crossing a path
- Give people on bicycles and wheeled recreational devices room to pass
- Make sure you can see and be seen – wear light coloured or reflective clothing
- Hear and be heard. Cyclists use your bell (by law, you must have one)
- Give way when required – cyclists must give way to pedestrians. Skaters and rollerbladers must give way to cyclists and pedestrians
- Watch your speed – cyclists should ride at a speed to match the conditions. Go slower around pedestrians
- Keep dogs on a short lead.

How Much Activity is Needed for Health Benefits?

The Heart Foundation recommends that people include at least 30 minutes of moderate intensity physical activity (such as brisk walking, cycling) on most days of the week. This can be easily included in your lifestyle by breaking it down to three 10-minute sessions per day.
Cycling on Roads

Safe Road Cycling

- You should use a bicycle lane whenever possible
- You should dismount to walk across pedestrian crossings and signalised intersections
- You can ride in a bus, transit or bicycle lane
- You can turn right from either the right or left lane of a multi-lane roundabout – if you use the left lane you must give way to traffic exiting the roundabout since you are changing lanes
- You can overtake other vehicles on the left unless they are signalling and turning left
- You can ride in a traffic lane, but you should use the road shoulder whenever possible
- You can ride two abreast but stay within 1.5m of each other
- Take care at narrow bridges and roundabouts. When entering a single lane roundabout watch for other vehicles when merging with traffic.

Cycling on Rural Roads in the Shire

These routes are more suited to experienced sport and touring cyclists with good fitness levels. Be prepared for:

- Undulating (hilly) terrain
- Motor vehicles travelling at higher speeds
- Heavy industrial vehicles
- Punctures and emergencies – take sufficient food, water and spare equipment.

Public Transport and Bicycles

Trains

Bicycles are permitted on Citytrain services excluding the following peak flow service times: between 7 – 9.30am inbound and between 3 – 6.30pm outbound.

Passengers with fold-up bicycles are permitted to travel on the Citytrain network at anytime as long as the bicycle is contained in a carry bag with the following dimensions: 79cm x 59cm x 36cm.

Remember that cycling is prohibited on stations, overbridges and underpasses.

Parking rails are provided at all train stations and bicycle lockers can be made available for a nominal fee.

Call Citytrain on (07) 3606 5555 for more information.

Phone Transinfo 13 12 30 or go online www.transinfo.qld.gov.au to check out bus and train services available to you.
Know these signs

Bike Route
These signs provide information on the route, distances and destinations so cyclists can find their way around a cycling network.

Bike Route Markers
These smaller signs provide directions to help cyclists find their way around cycling networks.

Shared Path
For use by cyclists, those in wheelchairs and pedestrians. Cyclists as well as other wheeled recreational devices including skateboards, scooters and rollerblades must be aware that pedestrians have the right of way on shared paths.

Note: A footpath is similar to a shared path but is not signed. In Queensland a cyclist can legally use a footpath unless signed with a bicycle prohibition sign.

Bicycles Only
Only cyclists may use the path or roadway.

Bicycle Lane
Part of the road is designated for use by cyclists. These can either be on the vehicle carriageway or separate from it. When a bicycle lane has been designated, cyclists should wherever possible, try to use this lane.

Road Ahead
 Warns cyclists and pedestrians that a road crosses the bikeway or shared path ahead.

Bicycle Prohibition
Bicycles are not permitted where this sign is displayed.
### Bike Map Index

<table>
<thead>
<tr>
<th>Map</th>
<th>Area</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Map 1</td>
<td>Kallangur / Dakabin</td>
<td>12</td>
</tr>
<tr>
<td>Map 2</td>
<td>Kallangur / North Lakes / Mango Hill</td>
<td>14</td>
</tr>
<tr>
<td>Map 3</td>
<td>Petrie / Kallangur / Murrumba Downs</td>
<td>16</td>
</tr>
<tr>
<td>Map 4</td>
<td>Kallangur / Murrumba Downs / Mango Hill</td>
<td>18</td>
</tr>
<tr>
<td>Map 5</td>
<td>Petrie / Kurwongbah</td>
<td>20</td>
</tr>
<tr>
<td>Map 6</td>
<td>Strathpine / Warner / Lawnton / Petrie</td>
<td>22</td>
</tr>
<tr>
<td>Map 7</td>
<td>Strathpine / Murrumba Downs</td>
<td>24</td>
</tr>
<tr>
<td>Map 8</td>
<td>Brendale / Strathpine / Bray Park</td>
<td>26</td>
</tr>
<tr>
<td>Map 9</td>
<td>Brendale / Strathpine / Bray Park</td>
<td>28</td>
</tr>
<tr>
<td>Map 10</td>
<td>Albany Creek / Eatons Hill</td>
<td>30</td>
</tr>
<tr>
<td>Map 11</td>
<td>Samford Area</td>
<td>32</td>
</tr>
<tr>
<td>Map 12</td>
<td>Dayboro Area</td>
<td>34</td>
</tr>
<tr>
<td>Map 13</td>
<td>Hills District / Albany Creek</td>
<td>36</td>
</tr>
<tr>
<td>Map 14</td>
<td>Arana Hills / Ferny Hills</td>
<td>38</td>
</tr>
<tr>
<td>Map 15</td>
<td>Everton Hills / Arana Hills</td>
<td>40</td>
</tr>
</tbody>
</table>
Top Cycling and Walking Spots in the Shire

1. Pine Rivers Park (Gympie Road, Strathpine): A great picnic spot and playground for the children (page 28, map 9).

2. Dohles Rocks foreshore and Osprey House (Dohles Rocks Road, Griffin): Experience the beauty of the mangrove ecosystem and the migratory birds that visit annually (east of map 7).

3. Pine Rivers Heritage Museum at Old Petrie Town (Dayboro Road, Kurwongbah): Visit YMCA Old Petrie Town for a trip down memory lane. The historic village and Heritage Museum provide a snapshot of the life of yesteryear. Museum open Wed – Fri 10am – 3pm, Sat 10am – 2pm and Sunday, October–March: 9am – 2pm and April–September: 10am – 3pm (closed Christmas Day, Boxing Day, Anzac Day and Good Friday). Phone: 3285 7213 (page 21, map 5)

4. Lake Samsonvale (Forgan Road, Joyner): Great spot to put a snag on the BBQ. Enjoy the serene surrounds of the Shire’s major water supply (west of map 6).

5. Maiala Park (Mt Glorious): Listen to the sounds of the whip birds as you meander through the cool and calming rainforest. Enjoy the walking trails and picnic grounds (west of map 11).

6. Various watercourses which run through some of the built-up areas of the Shire may be explored using the pathway networks e.g.
   - Freshwater Creek, Kallangur (page 16–18: map 3, 4)
   - North Pine River (Mungarra Reserve), Petrie (page 23: map 6)
   - Four Mile Creek, Strathpine (page 24–28: map 7, 8, 9)
   - South Pine River, Eatons Hill (page 30: map 10)
   - Sandy Creek, Albany Creek (page 31, 37: map 10, 13)
   - Cabbage Tree Creek, Arana/Everton Hills (page 38–40: map 14, 15)
Handy Numbers:

Pine Rivers Shire Council
(07) 3480 6666   www.pinerivers.qld.gov.au

Cycling and Walking Path Maintenance
(07) 3480 6666 – we appreciate your input

Visitor Information Centre
(07) 3205 4793

Bicycle Queensland (Advocacy)
(07) 3844 1144   www.bq.org.au

Cycling Queensland cycle racing/club contacts
(07) 3390 1477   www.qld.cycling.org.au

Queensland Transport Land Transport and Safety Division
(07) 3253 4437   www.transport.qld.gov.au/cycling

Petrie Police: (07) 3285 0222
Ferny Grove Police: (07) 3851 4499

In an emergency dial 000

Pine Rivers Shire Council
PO Box 5070
STRATHPINE QLD 4500
Phone: (07) 3480 6666
Fax: (07 3480 6710
Email: customer_service@pinerivers.qld.gov.au
Web: www.pinerivers.qld.gov.au

Printed on waterproof, tear resistant, recyclable paper