Spring in Your Step

What is the Spring in Your Step program?

*Spring in Your Step* is an initiative of the Moreton Bay Regional Council designed to engage adults and families in a variety of fun and fresh fitness activities across the Moreton Bay Region. This program runs for 5 weeks with local providers engaged to deliver one or more sessions at venues or parks throughout the region.

*Spring in Your Step* is a subsidised program for residents who live or pay rates in the Moreton Bay Region and bookings are essential.

Council is always looking for new and interesting activities to include in the *Spring in Your Step* program. To be successful activities must:

- Be instructed and supervised by a qualified facilitator. Council staff are not responsible for the supervision of the participants at an activity.
- Participants must be engaged for the duration of the activity (limited down time).
- Focus on physical health and skill development.
- Be delivered at a local park or venue in the Moreton Bay Region.
- Experience in the delivery of fitness sessions.


I would like to deliver an activity in the Spring in Your Step program. How do I get involved?

To be considered as a provider for council’s *Spring in Your Step* program providers must complete and submit the New Provider Application online at [www.moretonbay.qld.gov.au/recproviderapplication](http://www.moretonbay.qld.gov.au/recproviderapplication). Your application will then be processed and successful applicants contacted at the planning stage of the program to confirm activity details. By submitting an application form this does not guarantee that you will be selected to deliver an activity.

Do I receive financial reimbursement?

Yes, successful applicants will be paid for the delivery of their services. Apart from the financial reimbursement this is a great opportunity for local providers and sports clubs to showcase and promote their services to residents.
What are Council’s expectations if I am successful?

To ensure all *Spring in Your Step* activities achieve the outcomes set by council all providers must adhere to the below requirements:

**Documentation and administration:**
- Providers are required to hold a minimum of $20 million public liability insurance.
- Providers must have no outstanding debt or compliance issues with council.
- Providers must have in place current risk management and safety plans for the activity.
- Providers must be prepared with an activity plan covering all elements of the session.
- All staff/instructors must have relevant qualifications to deliver the proposed activity.
- Providers must maintain accurate participation records. These are to be provided to council upon program conclusion.

**Delivery of the session:**
- At least one staff member involved in the delivery of the activity must be a qualified first aid officer, and a first aid kit made available.
- Supply and use equipment in good condition, and if required, such equipment must display registration certificates in accordance with regulations and laws governing the activity.
- Providers must be set up and ready to meet participants, and deliver the session a minimum of 15 mins prior to the activity start time and finish no sooner than the set finish time.
- All sessions should be structured to include an introduction, engaging activity and wrap up.

How is the program promoted?

Moreton Bay Regional Council promotes the *Spring in Your Step* program via:

- Councils website
- Targeted social media posts
- Printed flyers
- Media releases (Newspaper stories)
- Park signage
- Promotional information delivered to the regions community groups.
- Targeted letterbox drop

Providers are welcome to promote their *Spring in Your Step* program activities to their local communities, as well as promote their own services during the sessions. For further information about becoming a program provider contact councils Healthy Communities Team on 3205 0555 or email recreationprograms@moretonbay.qld.gov.au.