



Moreton Bay Disaster Preparedness



STAY WELL IN HEATWAVES

STUDENT WORKBOOK

NAME:

CLASS:



Moreton Bay Disaster Preparedness Workbook

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Designed by Moreton Bay Regional Council

Created by TAFE Queensland English Language and Literacy Services (TELLS)

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Stay well in heatwaves

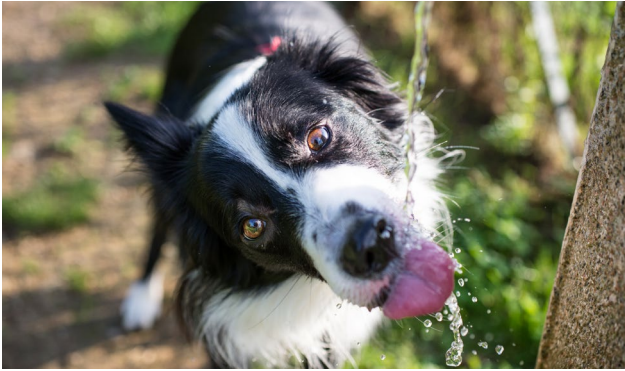
Listen to your teacher talk about the pictures.

Write notes













My Word List

Write new words here.

English

Hot

In your language

热

Word Search

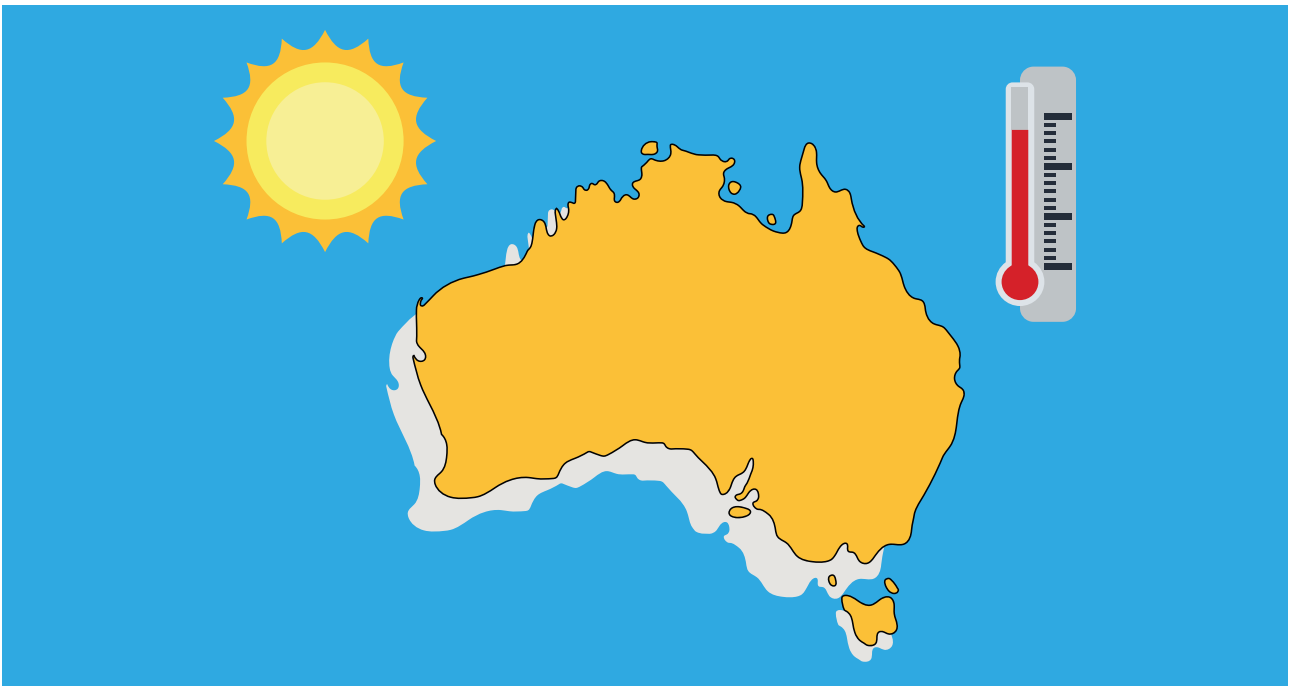
Find the words. Circle the words.

heatwave temperature hydrated fan

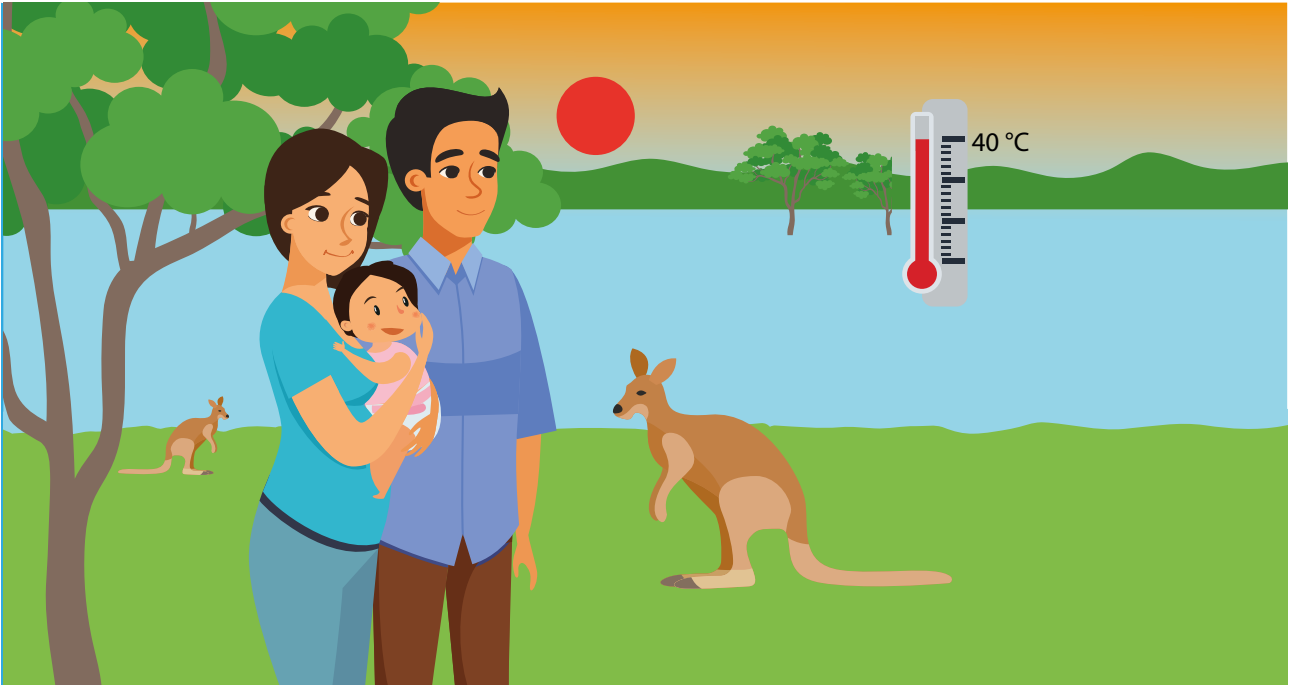
~~hot~~ water shade cool water

H	I	Q	O	W	A	T	E	R	Y	I	J
T	E	M	P	E	R	A	T	U	R	E	M
D	C	L	F	A	N	W	A	T	E	R	U
R	S	H	A	D	E	G	C	O	O	L	V
D	V	R	W	Z	X	Z	Y	R	Y	J	D
M	H	Y	D	R	A	T	E	D	P	M	N
X	H	O	T	S	T	G	W	Q	T	Q	A
S	Z	H	E	A	T	W	A	V	E	P	Q

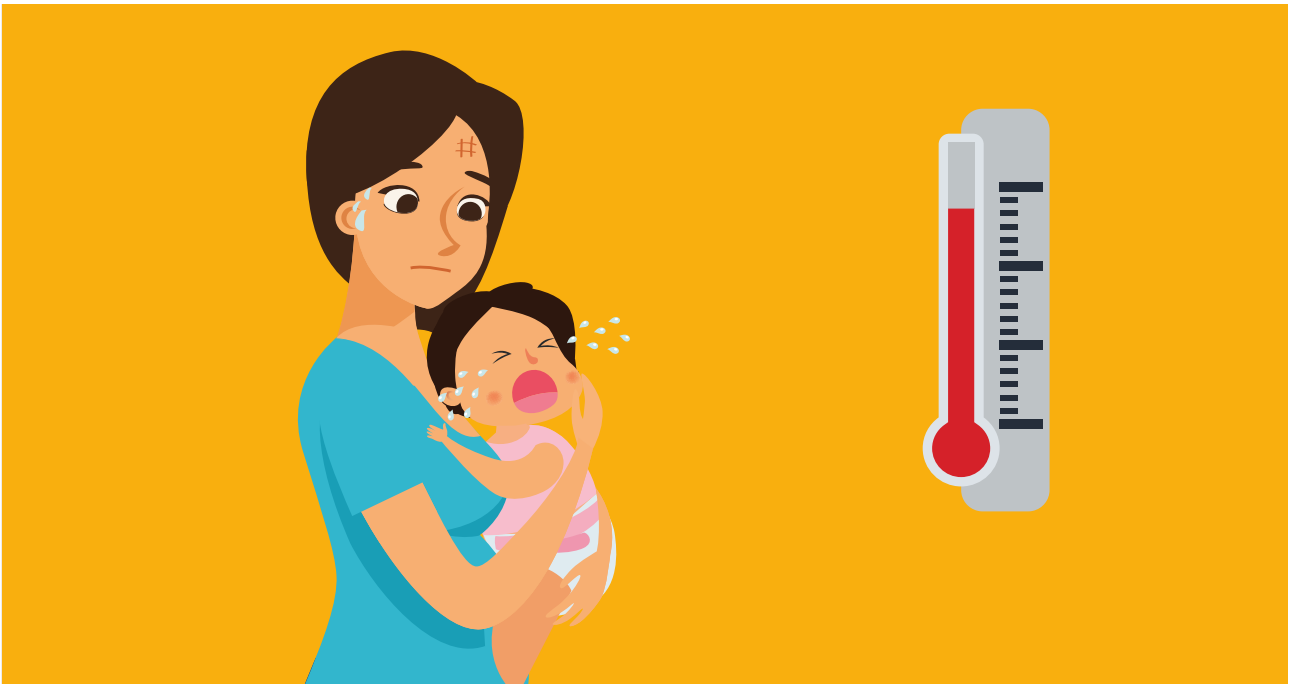
Ali and Lina stay well in heatwaves



In Australia, summer is very hot. Sometimes the temperature is hotter than usual. If the temperature is hotter than usual for 3 days, it is a **heatwave**.



This week Caboolture has a **heatwave**.
Today, it is 40 degrees.



Hana is too hot. She is very sad and tired. Lina is worried,
because Hana may become sick from the heat.



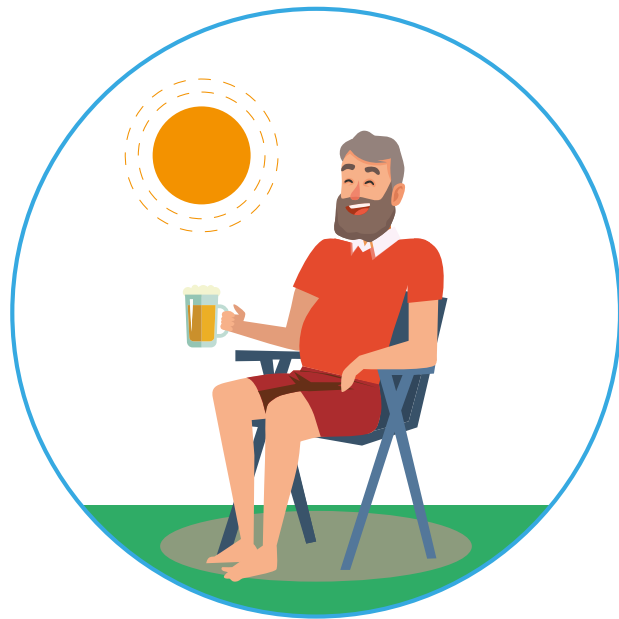
Lina puts Hana in a cool bath. Hana is cooler. Lina checks Hana's temperature. Now, her temperature is normal. She is happy again.



For the rest of the day, Lina and Hana stay in the house. Lina turns on the fan and Hana plays. Lina gives Hana lots of water. Hana is cool and hydrated.



Ali and Lina's neighbour, Tom is in his garden.
He is sitting in the sun. Tom has no hat and he is drinking beer.



Ali is worried about Tom because the sun is very hot.



Ali and Lina visit Tom. They move to seats in the shade.
Ali gives Tom a big glass of water.



Ali goes home. Lina and Hana are inside.
Their dog is inside too. The fan is on. They are wearing loose
clothes and drinking water. Everyone is cool and happy.

Activities

Circle the correct answer.

1. A heatwave is when:
 - a) it is a very hot day
 - b) it is hotter than usual for 3 days

2. Hana may become sick from:
 - a) the summer
 - b) the heatwave

3. Lina puts Hana in the bath. The water in the bath is:
 - a) cool
 - b) warm

4. Hana plays:
 - a) inside with the fan on
 - b) outside in the sun

5. To stay safe in the heatwave, Ali's neighbour should drink:
 - a) water
 - b) beer

Heatwaves Worksheet

Writing activity.

Choose 5 words from:

“**My Word List**” (page 3)

OR

“**Word Search**” (page 4)

Use the words in a sentence about heatwaves.

WORD

SENTENCE

Fan

I was hot so I put the fan on.

Heatwaves Worksheet

Match the sentences to the pictures.

Wear a hat outside



Do not drink alcohol



Do not leave children or animals in cars



Be careful when doing exercise

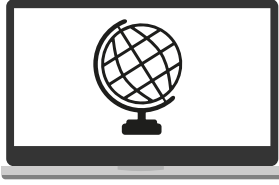


MORE INFORMATION



More Information

OPEN THE WEBSITES



GET READY QUEENSLAND - HEATWAVE

Copy the URL below into web browser.

<https://www.getready.qld.gov.au/understand-your-risk/types-natural-disasters/heatwave>



QLD HEAT RELATED ILLNESS - FACT SHEET

Copy the URL below into web browser.

https://www.health.qld.gov.au/__data/assets/pdf_file/0022/713416/dm-heat-illnesses.pdf



QUEENSLAND GOVERNMENT - HEATWAVES

Copy the URL below into web browser.

<https://www.qld.gov.au/emergency/dealing-disasters/disaster-types/heatwave>



CID - HOW TO COPE IN A HEATWAVE

Copy the URL below into web browser.

<https://cid.org.au/resource/how-to-cope-in-a-heat-wave/>



“Birdie and the Very Hot Day ” – story for children (translations available)

Copy the URL below into web browser.

<https://www.childrens.health.qld.gov.au/chq/our-services/mental-health-services/qcpimh/natural-disaster-resources/storybooks/>